

Questions to ask your Doctor:

What type of breast cancer do I have? _____
What is the size of my tumor? _____
Is my cancer hormone receptor positive? _____
What is my HER-2 status? _____
What stage is my breast cancer? _____
Where can I find out more about clinical trials or new treatments for breast cancer? *(The nurse navigator can get information for you)*

Questions to ask your Surgeon:

Am I a candidate for breast conservation surgery? _____
Am I a candidate for sentinel lymph node biopsy? _____
Am I a candidate for breast reconstruction? _____

Questions to ask your Oncologist:

What are the expected timelines for my treatment plan? _____
Start date? _____
of treatments expected? _____
Type of treatments: Chemo/Radiation? _____
How long will each treatment take? _____
How will this treatment benefit me? _____
How will this treatment affect my daily life? *(Will I be able to work, exercise, and perform my usual activities?)*

How can I ease effects of treatments? *(Aches/pains/nausea/loss of hair)*

Am I at risk for lymphedema and, if so, how can I reduce my risk?

What will my follow-up care include? _____
Check up appointments? _____
Medications to continue? _____
Other info? _____

What do I look for to determine if the cancer may be coming back?

Who do I call for questions or problems? _____
Primary care provider _____
Nurse Navigator _____
Surgeon _____
Oncologist _____

Who can I contact for emotional, supportive help for myself and/or family? _____

Nurse Navigator _____
MD office _____
Area support groups _____
Online resources:

- [American Cancer Society](#)
- [BreastCancer.org](#)
- [BreastCancer.net](#)
- [Lymphnet.org](#)