Spiritual Care
The hospital’s Chapel is on the first floor near the gift shop and courtyard and is open at all times for prayer and meditation. Devotional materials and scriptures can also be found there.

CJ’s Café
Our cafeteria is available on the first floor during the hours of 7:00 a.m. until 10:00 a.m., 11:00 a.m. until 2:00 p.m. and 2:30 p.m. until 5:30 p.m.

Family and/or visitor presence may be limited under certain circumstances, including, but not limited to, patient’s preference for privacy, physical limitations of the room, infection control concerns, court order limiting contact and substance abuse treatment protocols requiring restricted visitation.

Families are encouraged to designate one family spokesperson to facilitate effective communication among extended family members.

Our nurses work 12 hour shifts with reports and initial patient evaluations occurring between 6:45 and 8:00 a.m and p.m. We encourage you to call before or after these times for patient updates.

Visitors Guide to the Intensive Care Unit

HARRIS REGIONAL HOSPITAL
A Duke LifePoint Hospital

Intensive Care Unit
Harris Regional Hospital
68 Hospital Road
Sylva, NC 28779
828.586.7280

info@westcare.org
Welcome
Welcome to Harris Regional Hospital’s Intensive Care Unit (ICU). This brochure is for family and friends of our patients. We hope it will answer questions and serve as a guide during our patient’s stay.

Our nine bed ICU has state-of-the-art technology with specialized nurses and physicians, along with supporting staff members to care for our patients.

Visiting Patients in the ICU
Family and visitors are a valuable and important part of every patient’s recovery. However, for the seriously ill, even visiting can be exhausting. Each day is filled with procedures, monitoring and health care activity. This can be very tiring for patients who are trying to get well and who need as much rest and quiet time as possible.

You can help us give your loved one the best care possible by making sure your visits are brief, cheerful, peaceful and respectful of the following ICU policies:

• Families are welcome 24 hours a day according to the patient preference; however, due to the critical nature of intensive care we allow the following number of visitors at any one time:
  • Two family members or visitors at one time.
  • One overnight family member or visitor (9 p.m. to 8 a.m.). However, hospital staff will encourage families to go home to rest and to take care of personal concerns overnight.
  • Please speak with the patient’s nurse regarding additional overnight expectations.
  • Children 14 years and younger must be accompanied and supervised by an adult, other than the patient, at all times.

• Children are not restricted by age; however, younger children may be developmentally unable to remain with the patient for lengthy periods of time.

• Children need to be prepared, in advance, for the patient’s illness and the hospital environment. The hospital environment may contain situations that are psychologically and emotionally traumatic for some people, but especially for children, who have not yet developed the ability to deal with the realities of illness.

• Families and visitors cannot bring food, drinks, live plants, fruit or animals (except designated service animals) into the intensive care unit.

• There are no visitor/public restrooms in the ICU. Public restrooms are located across from the main nurse’s station on the second floor (across from rooms 243 and 274).